



POINT OF VIEW

JEROME'S NEWSLETTER

May-June 2021

A Note from "Dr. Mayor" Jack Dillenberg ...

Dear Jeromans:

Good news! Town Hall is officially open for in-person meetings and staff interaction as of May 1—with social distancing and masks required. Our May 11th Town Council meeting will be held IN PERSON! We would love to see community members there. I know the other councilmembers would also appreciate your presence.

Well, spring has sprung, and we must be aware of the potential fire danger from the dry, windy weather we are facing. Please make sure to keep the area around your homes—about 30 feet from structures—clear of dead shrubs/plants and accumulated waste. Thank you.

To catch up a bit: I want to thank our Council and town employees at all levels for their outstanding work to make our free vaccine "clinic" in partnership with Spectrum Healthcare such a success, with over 310 individuals receiving their vaccine shots.

State Senator Wendy Rogers came to Jerome for a meet-and-greet with her constituents. The small interaction was held in the firehouse (thanks, Rusty!) on April 23. Chief Muma and Chief Blair shared important facts and needs with Sen. Rogers. Upon her return to Phoenix, she officially requested financial support from the Appropriations Committee to assist Jerome with our infrastructure needs. I hope that it is a fruitful request.

The Town Council continues to work diligently assessing our water and sewerage issues, exploring affordable housing opportunities, and the ongoing street and parking issues. Thank you, Council.

Please stay safe.

Mayor Jack



Scheduled Meeting Dates for May, June & July 2021

TOWN HALL IS OPEN AGAIN AND MEETINGS ARE BACK IN PERSON!

Please keep in mind that masks and social distancing are required and capacity will be limited.

Regular Council Meeting
Tuesday, May 11 at 7pm

Planning & Zoning
Wednesday, May 19 at 6pm

Design Review Board
Monday, May 3 at 6pm

Regular Council Meeting
Tuesday, June 8 at 7pm

Planning & Zoning
Wednesday, June 16 at 6pm

Design Review Board
Monday, June 7 at 6pm

Regular Council Meeting
Tuesday, July 13 at 7pm

Planning & Zoning
Wednesday, July 21 at 6pm

Design Review Board
Monday, July 5 at 6pm



THEY ARE WHAT THEY EAT ...

Over the years, we've seen a growing number of pets suffering from a variety of health issues that could be much improved by one simple thing: a better diet.

Cats and Dogs are Carnivores!

The single most important fact to keep in mind when choosing pet food is that, like their wild ancestors, cats and dogs are carnivores. They have interlocking teeth and a lower jaw that only moves up and down like a hinge to rip and swallow fresh, whole, moisture-rich prey.

The genetic makeup of dogs and cats is essentially the same as the wolf and wild cat from which they are descended. They have not evolved to process carbohydrates like corn, wheat, rice, or potatoes found in many dry foods. Today, experts estimate that 50 to 70 percent of the average dog's diet is carbohydrates versus just 4 percent before the development of pet food about 100 years ago (woah!). This excessive starch and sugar drives up blood sugar and insulin and causes toxicity, inflammation, and premature aging. The amazing resiliency of dogs and cats has allowed them to adapt to carb-rich kibble to stay alive—but far from thriving. While pets don't die of starvation, their systems degenerate, with inappropriate food being the root cause of many chronic diseases.

Small, simple, inexpensive changes make a big difference!

You can take baby steps toward providing the best diet you can afford for your dog or cat. Here are a few simple suggestions for boosting nutritional value without breaking the bank:

For Both Cats & Dogs

- Opt for canned food over kibble. If you feed kibble, make sure the first ingredients are meats; avoid cheap brands with corn fillers, preservatives, and carbs.
- Add chicken bone broth to food or as a side dish (the kind with no salt, garlic, or seasonings!)

For Dogs

- Add blueberries, raw/slightly cooked veggies or raw/slightly cooked low-fat meat to meals.
- Replace one quarter of your dog's kibble with sardines in olive oil or water (not soy oil) once or twice a week. Use one can of sardines for every 40 lbs.
- Add a cooked egg to your dog's meal (limit eggs to 1-3 per week for smaller dogs.)

For Cats

- Add ¼-½ tsp of cooked, pureed veggies like sweet potato, green beans, squash, or pumpkin as a topper.
- If you cook a dinner with chicken, turkey, beef, bison, venison, or other meats, set aside a few tiny pieces of cooked meat and add to your cat's bowl.

Make Dietary Changes Slowly

Any changes, even good ones, need to be made slowly to give your pet's body time to adapt. Try introducing new foods as small treats at first, then watch their stool. If stool is fine, continue to change out food slowly. For pets that have never had anything but one type of kibble, it can take months, even a year, to transition to a healthier diet. (If your pet has special health needs, talk to your veterinary before making significant dietary changes.)

Homemade Diets - the pinnacle of a perfect diet, but be careful!

A nutritionally balanced homemade diet can indeed be the pinnacle of perfect pet food, but it must be done right! Many animals suffer disease, nutritional deficiencies, and irreversible organ damage due to well-meaning owners feeding them homemade but nutrient-lacking diets. If you want to make your pets' meals, use a cookbook from an established expert such as Dr. Karen Becker's *Real Food for Healthy Dogs & Cats*.

Learn More!

This article draws on the work of industry experts Dr. Karen Becker, DVM, our favorite authority on species-appropriate diets, and Rodney Habib, creator of Planet Paws Media. They and other like-minded experts have an extensive and eye-opening body of work that we encourage you to explore. Just Google 'em, find them on YouTube, or call us for some recommended reading.

The quality of life for our pets largely depends on their diet, and the food we give them can either heal or harm. As our own Dr. Kennaway says, "The right food is the cheapest and best pet medicine!" With mindful choices, we can create resilience in our pets, minimize disease, and allow our pets to truly thrive as they were meant to.





JEROME FIRE DEPARTMENT
 P.O. BOX 1025 * JEROME AZ 86331
 (928) 649-3034 blair@jeromefire.us

Prescott National Forest Outlook/Conditions

Near to below-average precipitation in March has allowed severe to exceptional drought conditions to continue across northern Arizona. Currently 100 percent of the entire state is in a drought, as opposed to 24 percent of the state this time last year.

Odds will continue to favor drier-than-average conditions through June near the Arizona/Utah border. Otherwise, we can expect equal chances of above, near, or below-normal precipitation across the rest of the state. We should also see warmer-than-average conditions across Arizona. In late summer/early fall, above-normal temperatures are expected, with chances of a wetter monsoon season across Arizona.

Significant Wildland Fire Potential Outlook: Above-normal fire threats are likely to spread north across all of Arizona by May and June, but with wetter-than-average conditions favored by July, the significant wildland fire potential should become normal by then.

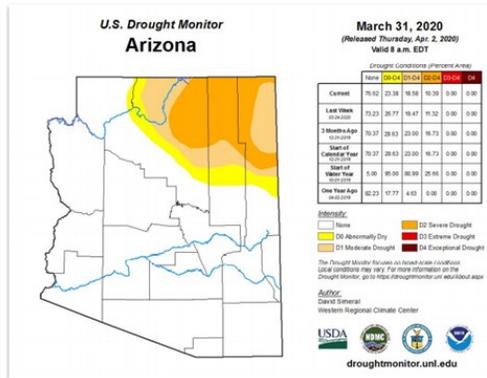
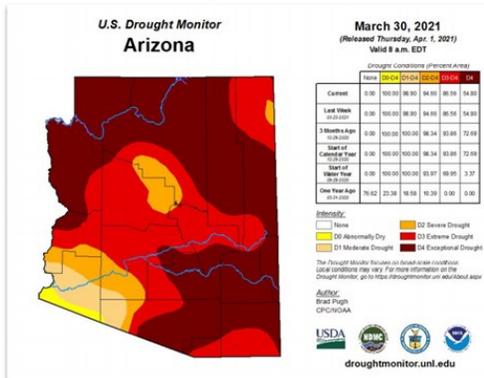
Last year was one of the busiest years for the Jerome Fire Department wildlands crew, with 14 deployments in Arizona alone. The truck netted over \$93,000.

Drought Monitor Comparison



2021 (Current)

2020



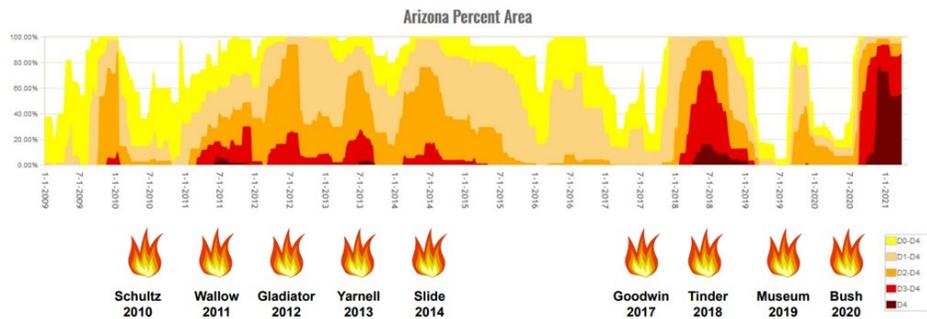
Comparing the latest drought monitor to the one from this time last year shows how drought conditions worsened across Arizona. Currently 100% of the entire state is in a drought, as opposed to 24% of the state this time last year.

FUTURE FIREFIGHTERS AND EMTS

The Fire Department is always looking for new members for fire, EMS, and/or both. Free training, cool t-shirts, drive big trucks with red lights. 5 PM every Thursday. Come on down and see what we do. Everybody is welcome. If fire and emergency medical services don't interest you but you would still like to help out, the Jerome Fire Department Auxiliary always welcomes new members. Come join us!! Thank you for your continued support.

Rusty Blair, Fire Chief, JVFD

Arizona Drought Monitor Timeline and Fires



The image above is a timeline of the percent area of drought across the entire state of Arizona and fires that occurred during specified years.

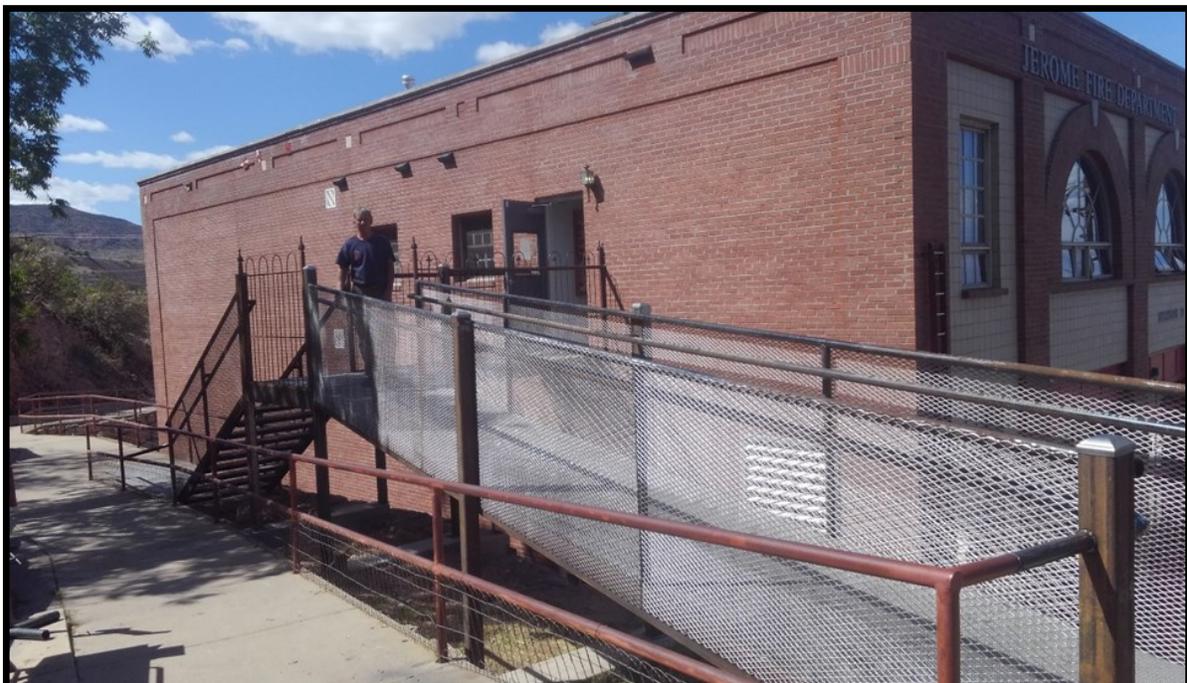
Firewise Community Day Moved to September

The Jerome Fire Department's 7th Annual Community Firewise Day will be held at the fire station sometime in September in conjunction with our annual potluck picnic. This is a dedicated day where folks in the community can focus their efforts on creating defensible space around their home or business by eliminating dried fuels like leaves, twigs, and branches – any dead growth including live paradise trees that may need to be thinned, thereby creating defensible space.

Unfortunately the Jerome Fire Department does not have anybody available to do fuel abatement work at this time. We will advise when a crew does become available to help mitigate your unwanted fuel.

Jerome Fire Department is doing everything necessary to protect their first responders and the public. Know that we are here to serve you in the event of any emergency.

CHECK OUT THE NEW RAMP AT THE FIREHOUSE!!



Nice work, JFD! Thanks for making Jerome a safe place to be!!



Happy spring, everyone,

To assist our foraging friends, like butterflies, bees, ladybugs, and hummingbirds, residents are encouraged to plant pollinator gardens. Flowers make everyone happy. Check this out: <https://www.pollinator.org/million-pollinator-garden-challenge>:

Native plants are most helpful to local ecosystems and pollinators, but here is a list of plants that do pretty well everywhere and are widely available:

- Lavandula* spp. (Lavender) ♦ *Rosmarinus officinalis* (Rosemary) ♦ *Salvia* spp. (Sage) ♦ *Echinacea* spp. (Coneflower)
- Helianthus* spp. (Sunflower) ♦ *Cercis* spp. (Redbud) ♦ *Nepeta* spp. (Catnip) ♦ *Penstemon* spp. (Penstemon) ♦ *Stachys* spp. (Lamb's ears)
- Verbena* spp. (Verbena) ♦ *Phacelia* spp. (Bells or Phacelia) ♦ *Aster* spp. (Aster) ♦ *Rudbeckia* spp. (Black-eyed Susan)
- Organum* spp. (Oregano) ♦ *Achillea millefolium* (Yarrow)

Please don't poison bees! If you happen to need help with bee removal, please call the fire department : 928 649 -3034.

Thank you, fellow Jeromans,
Councilmember Christina "Alex" Barber



Time to Take out the (Extra) Trash

Starting Monday, May 31, Jerome's Public Works Department will begin their annual extra trash pick-up. This means you can put that torn-up recliner or broken vacuum cleaner out with your regular trash and the town crew will whisk it away for you. Nice, eh?

Items town crew will NOT pick up:

- hazardous waste ∅ contaminated soil ∅ tireslarge drums ∅ medical waste ∅ wet paint
- asbestos ∅ batteries ∅ railroad ties ∅ fluorescent light bulbs

If your regular trash is picked up on Fridays, then that's the day to set out your extra pick-up. If you are on the Monday route, same drill.

Public Works will run this special service through Friday, June 25, or until the dumpster is full. Not sure of what can or cannot be picked up? Call us at town hall: 928-634-7943.

One more thing: Please bag your trash and be mindful of the weight of your regular cans. The town code limit is 40 pounds max—let's spare the crew's backs. Thank you!



Blessings from Haven,

Good news, my friends! Haven has reopened the Sanctuary for Sunday worship at 9 am as of May 2, 2021. The food pantry will also reopen the following week to mostly self-serve, based on the current regulations. Both Sunday and Wednesday will require everyone to wear a mask, stay six feet apart, and follow church and CDC guidelines. The number of people in the building will be a safe limit. Hand sanitizer will be available at the entrances.

Sunday worship time will be about 30 minutes rather than an hour while we are still masked. We will not be singing or staying for conversation and refreshments until it is safe to do so. Please know our concern for everyone's safety is foremost in our hearts and minds as we prepare for gathering inside again. The church will follow CDC requirements needed to make us a safe Haven for you to attend.

I am looking forward to gathering with new friends and familiar faces (eyes!). I hope everyone in Jerome feels Haven is a safe place to come in both time of need and time of plenty, a place to love our neighbors and give thanks for the ups and downs of life in this caring community of Jerome.

Thank you all for your continued support,
Pastor Vicki



2021 Ghost Walk Cancelled

It is with regret that I must inform everyone that this year's Ghost Walk performance has been cancelled. With the ongoing uncertainty still surrounding COVID-19, the JHS Board decided that it was prudent to cancel for 2021. We wish to thank everyone for their past support and participation in this event; it has always been a fun and often interesting process to bring this show together. Hopefully we will be able to revive Ghost Walk next year.

You can join the Jerome Historical Society or renew your membership by visiting our website at www.jeromehistoricalsociety.com or by stopping by the Mine Museum at 200 Main Street (open 9am–5pm, 7 days a week).

On behalf of the Jerome Historical Society Board of Directors,
Steve Pontious, President



OPEN ONCE AGAIN!!

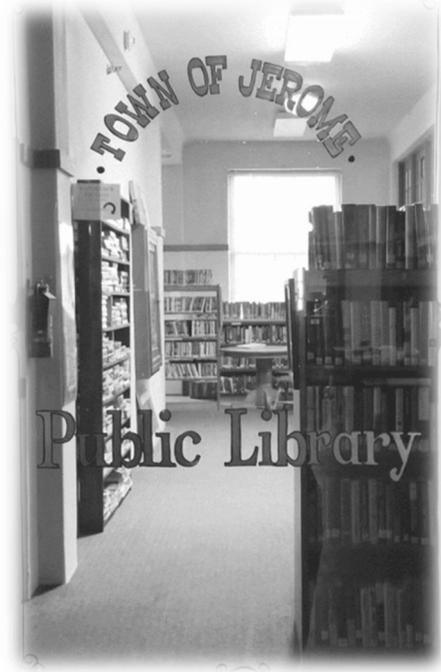
The Jerome Library will be reopening to the public at noon on Saturday May 1.

Library staff are in a flurry of activity dusting long unused bookshelves and organizing files and equipment for public use. The Children's Room and Art Room have also been tidied up and are ready for activities and programs once again, and the computer equipment is also being updated for everyone.

As businesses and services in Yavapai County take careful steps to resume near-normal activities, access to materials at libraries countywide increases, too. Books and videos are flowing again. All regular library services will be available including copy and printing services, reference, and of course our meeting rooms and work areas are ready to go.

Library staff are eager to greet our friends and library patrons!

Kathleen Jarvis, Librarian



YE OLDE BOOK ROOM

My wife and I recently endured the sudden, soul-crushing loss of our beloved dog. It is, unfortunately, a familiar and painful experience for so many of us. While grieving, I recalled all the pets I've had to say goodbye to over my lifetime: dogs, cats, birds, turtles, fish, rabbits, ducks, hamsters, mice, feral chickens, and a bearded dragon. I always wanted an octopus, but it never worked out (not yet, anyway). What does this have to do with the Old Book Room? Well, my overwhelming memories and feelings soon expanded to include family and friends who have gone through the same heartbreak, and soon after that, to everyone who's had similar emotions triggered by ... dogs in literature!

Here's an incomplete list of some of the canines featured in books who have touched the hearts of millions over the years: Lassie (*Lassie, Come Home*), Toto (*The Wizard of Oz*), Buck (*The Call of the Wild*), Old Yeller, Nana (*Peter Pan*), Argos (*The Odyssey*), Bullseye (*Oliver Twist*), Fang (*Harry Potter*), Enzo (*The Art of Racing in the Rain*), Kazak (*The Sirens of Titan*), Lily (*Lily and the Octopus*), Sammy Davis Junior Junior (*Everything is Illuminated*), White Fang, Charley (*Travels with Charley in Search of America*), Marley (*Marley & Me*), Sounder, Tock (*The*

Phantom Tollbooth), Winn-Dixie (*Because of Winn-Dixie*), Cujo, and many more.

This roster can be enlarged to include hundreds of dogs in movies (Benji, Milo in *The Mask*, Beethoven), television (Rin Tin Tin, Eddie on *Frasier*, Petey in *The Little Rascals*), animation (*Lady and the Tramp*, *Santa's Little Helper*, *Mr. Peabody*), children's books (*Clifford the Big Red Dog*, *Ribsy*, *The Poky Little Puppy*), comic strips (*Snoopy*, *Marmaduke*, Earl in *Mutts*), comic books (*Krypto*, *Lockjaw*, *Ace the Bat-Hound*) and advertising (Budweiser's Spuds McKenzie, Nestle's Farfel, RCA's Nipper).

The list goes on indefinitely as does our love of dogs, ever since the first wolf allowed itself to be domesticated by human nomadic hunters some 15,000 years ago. Of course, none of this makes the passing of our (or anyone's) dog much easier, but sharing the sorrow leads to empathy, acceptance, and ultimately gratitude for the time we were privileged to share together.

And don't get me started on cats. My family's long-lived orange tabby, Sandy, was the inspiration for my Uncle George Gately's creation of the cartoon feature, *Heathcliff*—but that's a story for another time.

—Michael Gallagher

IT'S ALMOST SUMMER!!

Interested in having a planting bed
in the Jerome Community Garden?
We've got a few available!

Contact John Knight at 634-7943 or
j.knight@jerome.az.gov

Town of Jerome
P.O. Box 335
Jerome, AZ 86331

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